**NEW YORK STATE PHYSICAL EDUCATION STANDARDS**

**Standard 1: Demonstrates competency in a variety of motor skills and movement patterns.**

**Standard 2: Applies knowledge of concepts, principles, strategies, and tactics related to movement and performance.**

**Standard 3: Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.**

**Standard 4: Exhibits responsible personal and social behavior that respects self and others.**

**Standard 5: Recognizes the value of physical activity for overall wellness, enjoyment, challenge, and/or self-expression.**

**Standard 6: Recognizes career opportunities and manages personal and community resources related to physical activity and fitness to achieve and maintain overall wellness.**